**Nurtured by Nature**

Come play with us!!!

Immerse yourself in the natural beauty and endless bounty of **Cape Cod**. Enjoy a time to “**just be**” and align with your true self, **leaving the “noise” of life behind.**

Join other **women of the kindred kind** and receive deep **rest, renewal and regeneration.**

If you are:

**In Transition**

**Feeling Stuck**

If you are wanting:

**Deep Relaxation**

**Connection**

**Heightened Intuition**

**Stronger Spirituality**

**Insight & Clarity**

Nature is the opening to the energetic oneness of the Universe. It frees our souls and sings our heart’s song. It opens doors to the richness, wisdom, and love that abides in each one of us .

Let your child-like wonder go wild and walk with your guides **Mary Glynn and Jeannie Heroux.**

The **collective energy** of the group infuses and **expands** us as we let our senses soar and bring us to places within and without ourselves; of **joy, freedom, validation, gratitude, surrender, and love.**

**Expanded energetic consciousness opens creative flow and heart.**

Immersed in Cape Cod’s beauty, glorious light and scents of the sea, this 4 day extravaganza will enlighten and inspire as you emerge with “new eyes”.

**Opening to creative flow** our senses are ignited.

Flowing like the sparkling waters of Cape Cod we open our hearts and minds to possibility and prosperity of spirit.

Let your **soul be cleansed** in an atmosphere of change and flow allowing **spaciousness** to “just be” in the **comfort and support** of your guides and others as we delve into our own deep waters.

Say Bon Voyage to the constraints of everyday life and flow into the deepest parts of yourself just waiting to be explored.

**Nurtured by Nature** will leave you with a feeling of being well taken care of;

**Like a child cradled in the arms of Mother Earth’s and engulfed by the Cape’s healing waters you have to opportunity to go from stuck to flow.**

Each one of us has an internal child just waiting to be invited to the party!! It would be an honor and privilege to share this **adventure** with you!

Love,

Jeannie and Mary